SOUTHWEST V GF
mixed greens, cherry tomatoes, roasted corn, black beans, avocado, red onion, julienned peppers, queso fresco, tortilla strips, southwest ranch dressing

$7.50 680 CALS

QUINOA PROTEIN BOWL GF
romaine, quinoa, chicken shawarma, cucumber, grape tomato, feta, red onion, almonds, lemon tahini

$8.00 900 CALS

TBA
turkey, bacon, avocado, white cheddar, lettuce, tomato, garlic aioli, french roll

$6.75 650 CALS

TURKEY JACK
roasted turkey, pepper jack cheese, leaf lettuce, pico de gallo, chipotle aioli, wheat tortilla

$6.75 700 CALS

MALIBU
roasted chicken, applewood smoked bacon, avocado, cheddar cheese, greens, tomato, caramelized onion aioli, ciabatta

$6.75 800 CALS

AVO TUNA MELT
tuna salad, muenster cheese, arugula, tomato, avocado, sourdough

$6.75 690 CALS

FEATURED

ON A ROLL
marinated shrimp, sesame ginger slaw, french roll

$6.75 750 CALS

OFF TO THE RIGHT START

COLBY
roasted turkey, colby jack cheese, lettuce, tomato, cucumber, avocado, honey mustard, toasted french roll

$7.00 580 CALS

OPTIONS

ADD MEAT GF DF
$3.00

ADD CHICKEN GF DF
$2.00

ADD BACON (2) GF DF
$1.75 130 CALS

ADD AVOCADO VG GF DF
$1.00 60 CALS

ADD CHEESE V GF
$1.00 110 CALS

V-VEGETARIAN VG-VEGAN GF-GLUTEN FREE DF-DAIRY FREE CN-CONTAINS NUTS

THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.

FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.