

**SOUTHWEST** V GF

mixed greens, cherry tomatoes, roasted corn, black beans, avocado, red onion, julienned peppers, queso fresco, tortilla strips, southwest ranch dressing

**\$7.50** 680 CALS

**TZATZIKI AVOCADO** V

mixed greens, kales, avocado, feta cheese, grape tomatoes, cucumbers, crispy pitas, creamy tzatziki dressing

**\$8.00** 570 CALS

**COBB** GF

romaine, bacon, egg, blue cheese, tomato, cucumber, avocado, red wine vinaigrette

**\$8.00** 770 CALS

**TURKEY JACK**

roasted turkey, pepper jack cheese, leaf lettuce, pico de gallo, chipotle aioli, wheat tortilla

**\$6.75** 700 CALS

**KALE CAESAR FLATBREAD**

roasted chicken, chopped kale, parmesan cheese, caesar dressing, flatbread

**\$6.50** 580 CALS

**SHRIMP BLT**

seasoned shrimp, bacon, shredded lettuce, tomato, garlic aioli, avocado, french roll

**\$6.75** 570 CALS

**FEATURED**

**AVO TUNA MELT**

house made tuna, muenster cheese, sliced avocado, tomato, arugula, sourdough bread

**\$6.75** 690 CALS



**OFF TO THE RIGHT START**

**LEMONY TURKEY**

roasted turkey breast, lemony kale & brussels slaw, toasted flatbread

**\$6.50** 360 CALS

OPTIONS

**ADD MEAT** GF DF  
**\$2.00**

**ADD CHICKEN** GF DF  
**\$2.00**

**ADD BACON (2)** GF DF  
**\$1.75** 130 CALS

**ADD AVOCADO** VG GF DF  
**\$1.00** 60 CALS

**ADD CHEESE** V GF  
**\$1.00** 110 CALS

**V-VEGETARIAN**

**VG-VEGAN**

**GF-GLUTEN FREE**

**DF-DAIRY FREE**

**CN-CONTAINS NUTS**



THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.



FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.