

SOUTHWEST V GF

mixed greens, cherry tomatoes, roasted corn, black beans, avocado, red onion, julienned peppers, queso fresco, tortilla strips, southwest ranch dressing

\$7.50 680 CALS

TZATZIKI AVOCADO V

mixed greens, kales, avocado, feta cheese, grape tomatoes, cucumbers, crispy pitas, creamy tzatziki dressing

\$8.00 570 CALS

COBB GF

romaine, bacon, egg, blue cheese, tomato, cucumber, avocado, red wine vinaigrette

\$8.00 770 CALS

TURKEY JACK

roasted turkey, pepper jack cheese, leaf lettuce, pico de gallo, chipotle aioli, wheat tortilla

\$6.75 700 CALS

KALE CAESAR FLATBREAD

roasted chicken, chopped kale, parmesan cheese, caesar dressing, flatbread

\$6.50 580 CALS

SHRIMP BLT

seasoned shrimp, bacon, shredded lettuce, tomato, garlic aioli, avocado, french roll

\$6.75 570 CALS

FEATURED

AVO TUNA MELT

house made tuna, muenster cheese, sliced avocado, tomato, arugula, sourdough bread

\$6.75 690 CALS



OFF TO THE RIGHT START

LEMONY TURKEY

roasted turkey breast, lemony kale & brussels slaw, toasted flatbread

\$6.50 360 CALS

OPTIONS

ADD MEAT GF DF

\$2.00

ADD CHICKEN GF DF

\$2.00

ADD BACON (2) GF DF

\$1.75 130 CALS

ADD AVOCADO VG GF DF

\$1.00 60 CALS

ADD CHEESE V GF

\$1.00 110 CALS

V-VEGETARIAN



VG-VEGAN



GF-GLUTEN FREE



DF-DAIRY FREE



CN-CONTAINS NUTS



FOOD PREPARED MAY
CONTAIN WHEAT, FISH,
DAIRY, EGGS, SOY, & NUTS.



THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR
SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS. INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS
MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.