OMELETS

DENVER GF

two cage free eggs with ham, peppers, onions, cheddar cheese

\$5.00

SPINACH & MUSHROOM V GF

two cage free eggs with baby spinach, mushrooms, onions & feta cheese

\$5.00

PICADO GF

two cage free eggs with pico de gallo, jack cheese, avocado & bacon

\$5.00

BUILD YOUR OWN

two cage free eggs & choice of vegetable, meat, or cheese

\$5.00

INGREDIENTS

CHEESE:

cheddar, pepper jack, american, provolone, swiss

PROTEIN:

bacon, ham, sausage

VEGETABLES:

peppers, onions, mushrooms, broccoli, tomato, spinach

STEAK BREAKFAST BURRITO

chopped steak, cage free eggs, jack cheese, sauteed peppers & onions, seasoned potatoes, wheat tortilla, green salsa

\$6.75 | 670 CALS

SWEET POTATO BURRITO VG DF

impossible sausage patty, sweet potato, spinach, green pepper, pico de gallo, avocado, spinach tortilla

\$6.00 | 520 CALS

TOMATO AVOCADO TOAST VG DF

avocado, basil vinaigrette, cherry tomatoes, 9 grain bread

\$5.00 | 260 CALS

FEATURED

HASH IT OUT SKILLET GF

sauteed potatoes, green peppers, caramelized onions, pork sausage, salsa roja, cage free eggs, chipotle aioli drizzle, cilantro

\$6.75 | 560 CALS



PESTO HASH GF

turkey sausage, seasoned potatoes, grape tomatoes, baby spinach, parmesan cheese, nut free pesto

\$6.00 | 610 CALS

OPULAR

ALL AMERICAN SANDWICH

cage free scrambled eggs, smoked bacon, american cheese, english muffin \$4.75 | 510 CALS

SAUSAGE TECATE WRAP

cage free scrambled eggs, sausage, cheddar cheese, pico de gallo, bell peppers, wheat wrap

\$5.00 | 550 CALS

BACON (2) GF DF \$1.75

SAUSAGE (2) **GF DF** \$1.75

GRIDDLED OR EGG WHITE V GF DF

\$1.00