

OMELETS

DENVER ^{GF}

two cage free eggs with ham, peppers, onions, cheddar cheese

\$5.00

LEMONY GREENS ^{V GF DF}

cage free egg omelet with kale, avocado, crushed red pepper, lemon vinaigrette

\$5.00

PICADO ^{GF}

two cage free eggs with pico de gallo, jack cheese, avocado & bacon

\$5.00

BUILD YOUR OWN

two cage free eggs & choice of vegetable, meat, or cheese

\$5.00

INGREDIENTS

CHEESE:

cheddar, pepper jack, american, provolone, swiss

PROTEIN:

bacon, ham, sausage

VEGETABLES:

peppers, onions, mushrooms, broccoli, tomato, spinach

STEAK BREAKFAST BURRITO

chopped steak, cage free eggs, jack cheese, sauteed peppers & onions, seasoned potatoes, wheat tortilla, green salsa

\$7.00 | 670 CALS

PATATAS BRAVAS BOWL ^{GF}

seasoned potatoes, salsa brava, cage free fried egg, garlic aioli, chopped cilantro

\$4.00 | 410 CALS

BRUSCHETTA AVOCADO ^{VG}

garlic & balsamic bruschetta, sliced avocado, toast 9 grain bread

\$4.00 | 350 CALS

FEATURED

PESTO HASH ^{GF}

turkey sausage, seasoned potatoes, grape tomatoes, baby spinach, parmesan cheese, nut free pesto

\$6.25 | 610 CALS



**OFF TO THE
RIGHT START**

PROTEIN PACKED OATS

egg white savory oats, turkey bacon, sliced green onions

\$4.25 | 425 CALS

POPULAR

ALL AMERICAN SANDWICH

cage free scrambled eggs, smoked bacon, american cheese, biscuit

\$4.50 | 510 CALS

SAUSAGE TECATE WRAP

cage free scrambled eggs, sausage, cheddar cheese, pico de gallo, bell peppers, wheat wrap

\$5.00 | 550 CALS

SIDES

BACON (2) ^{GF DF}

\$1.75

SAUSAGE (2) ^{GF DF}

\$1.75

GRIDDLED OR EGG WHITE ^{V GF DF}

\$1.00