

# OMELETS

## DENVER GF

two cage free eggs with ham, peppers, onions, cheddar cheese

**\$5.00** 480 CALS

## PICADO GF

two cage free eggs with pico de gallo, jack cheese, avocado & bacon

**\$5.00** 510 CALS

## BUILD YOUR OWN

two cage free eggs & choice of vegetable, meat, or cheese

**\$5.00** VEGETABLE | **\$5.00** MEAT

# INGREDIENTS

## CHEESE:

cheddar, pepper jack, american, provolone, swiss

## PROTEIN:

bacon, ham, sausage

## VEGETABLES:

peppers, onions, mushrooms, broccoli, tomato, spinach

## ALL AMERICAN SANDWICH

cage free scrambled eggs, smoked bacon, american cheese, biscuit

**\$4.50** 510 CALS

## SAUSAGE TECATE WRAP

cage free scrambled eggs, sausage, cheddar cheese, pico de gallo, bell peppers, wheat wrap

**\$5.00** 550 CALS

## STEAK BREAKFAST BURRITO

chopped steak, cage free eggs, jack cheese, sauteed peppers & onions, seasoned potatoes, wheat tortilla, green salsa

**\$7.00** 670 CALS

## IMPOSSIBLE TOAST VG

plant based sausage patty, avocado, tomato, arugula, lemon vinaigrette, sourdough bread

**\$5.50** 400 CALS

## PATATAS BRAVAS BOWL GF

seasoned potatoes, salsa brava, cage free fried egg, garlic aioli, chopped cilantro

**\$4.00** 410 CALS

# FEATURED

## BREKKIE PHILLY

chopped steak, cage free scrambled egg, sauteed peppers & onions, mozzarella cheese, buttery croissant

**\$6.00** 570 CALS



## OFF TO THE RIGHT START

## BRUSCHETTA AVOCADO TOAST VG

classic basil & tomato bruschetta atop sliced avocado & 9 grain toast

**\$3.50** 350 CALS

## LOADED BREAKFAST BOWL GF

seasoned potatoes, cage free egg, crispy bacon, pork sausage, sauteed peppers & onions, cheddar cheese, pico de gallo

**\$6.50** 530 CALS

OPTIONS

## BACON (2) GF DF

**\$1.75** 130 CALS

## SAUSAGE (2) GF DF

**\$1.75** 201 CALS

## GRIDDLED OR EGG WHITE V GF DF

**\$1.00** 77-44 CALS