

## OMELETS

### DENVER <sup>GF</sup>

two cage free eggs with ham, peppers, onions, cheddar cheese

**\$5.00** 480 CALS

### PICADO <sup>GF</sup>

two cage free eggs with pico de gallo, jack cheese, avocado & bacon

**\$5.00** 510 CALS

### BUILD YOUR OWN

two cage free eggs & choice of vegetable, meat, or cheese

**\$5.00** VEGETABLE | **\$5.00** MEAT

## INGREDIENTS

### CHEESE:

cheddar, pepper jack, american, provolone, swiss

### PROTEIN:

bacon, ham, sausage

### VEGETABLES:

peppers, onions, mushrooms, broccoli, tomato, spinach

### ALL AMERICAN SANDWICH

cage free scrambled eggs, smoked bacon, american cheese, biscuit

**\$4.50** 510 CALS

### SAUSAGE TECATE WRAP

cage free scrambled eggs, sausage, cheddar cheese, pico de gallo, bell peppers, wheat wrap

**\$5.00** 550 CALS

### STEAK BREAKFAST BURRITO

chopped steak, cage free eggs, jack cheese, sauteed peppers & onions, seasoned potatoes, wheat tortilla, green salsa

**\$7.00** 670 CALS

### IMPOSSIBLE TOAST <sup>VG</sup>

plant based sausage patty, avocado, tomato, arugula, lemon vinaigrette, sourdough bread

**\$5.50** 400 CALS

### PATATAS BRAVAS BOWL <sup>GF</sup>

seasoned potatoes, salsa brava, cage free fried egg, garlic aioli, chopped cilantro

**\$4.00** 410 CALS

## FEATURED

### HOT HONEY BREAKFAST SANDWICH

age free scrambled eggs with chives, pork sausage patty, american cheese, hot honey, english muffin

**\$4.50** 560 CALS



### MAKE IT GRAIN <sup>V GF</sup>

cage free eggs, brown rice, quinoa, avocado, sauteed peppers, crispy onions, salsa roja

**\$4.50** 390 CALS

### LOADED BREAKFAST BOWL <sup>GF</sup>

seasoned potatoes, cage free egg, crispy bacon, pork sausage, sauteed peppers & onions, cheddar cheese, pico de gallo

**\$6.50** 530 CALS

### OPTIONS

**BACON (2)** <sup>GF DF</sup>

**\$1.75** 130 CALS

**SAUSAGE (2)** <sup>GF DF</sup>

**\$1.75** 201 CALS

**GRIDDLED OR EGG WHITE** <sup>V GF DF</sup>

**\$1.00** 77-44 CALS