

BURGERS

THE 1/3 POUNDER

1/3 pound of juicy black angus beef

\$6.00 720 CALS

CHEESE: \$6.75 830 CALS

BACON + CHEESE: \$8.00 940 CALS

TURKEY BURGER

1/3 pound of juicy turkey patty

\$5.75 490 CALS

CHEESE: \$6.50 620 CALS

BACON + CHEESE: \$7.75 720 CALS

IMPOSSIBLE BURGER ^{VG}

1/3 pound of juicy plant based meat

\$7.50 450 CALS

INGREDIENTS

choice of griddled onion, tomato, lettuce on a toasted bun with choice of secret sauce, onion aioli or chipotle aioli

CHIPOTLE CHICKEN WRAP

crispy chicken, cheddar, pico de gallo, lettuce, chipotle avocado dressing, honey wheat wrap

\$6.95 800 CALS

PHILLY

griddled chopped steak, mushrooms, bell peppers & onions topped with provolone & pepper jack cheese on a french roll

\$6.95 620 CALS

FAJITA QUESADILLA ^V

adobo seasoned chihuahua, pepper jack & cheddar cheese on a flour tortilla with pico de gallo, sour cream, onions & green peppers

\$6.95 870 CALS | **+\$2.00** ADD CHICKEN

CHICKEN TENDERS

crispy fried chicken tenders made to order

3PC | \$4.95 550 CALS

6PC | \$8.75 860 CALS

FEATURED

BEER BATTERED COD TACOS

beer battered cod, shredded lettuce, pico de gallo, chipotle aioli, flour tortilla

\$7.25 580 CALS



OFF TO THE RIGHT START

BURGER BOWL ^{GF}

angus ground beef, leafy greens, tomato, cheddar cheese, bacon, avocado, FFT secret sauce

\$6.75 590 CALS

SESAME GARLIC BIBIMBAP ^{V GF}

carrots, kimchi, scallions, quinoa, and sesame ginger vinaigrette topped with a fried egg

\$6.00 380 CALS

OPTIONS

FRENCH FRIES ^{VG GF DF}

\$2.25 220 CALS

SWEET POTATO FRIES ^{VG GF DF}

\$2.50 280 CALS

ADD BACON (2) ^{GF DF}

\$1.75 130 CALS