OMELETS

DENVER GF
two cage free eggs with ham, peppers, onions, cheddar cheese

$5.00 480 CALS

PICADO GF
two cage free eggs with pico de gallo, jack cheese, avocado & bacon

$5.00 510 CALS

BUILD YOUR OWN
two cage free eggs & choice of vegetable, meat, or cheese

$5.00 VEGETABLE | **$5.00** MEAT

INGREDIENTS

CHEESE:
cheddar, pepper jack, american

PROTEIN:
bacon, ham, sausage, chorizo

VEGETABLES:
peppers, onions, mushrooms, broccoli, tomato, spinach, jalapenos

ALL AMERICAN SANDWICH
cage free scrambled eggs, smoked bacon, american cheese, biscuit

$4.50 510 CALS

SAUSAGE TECATE WRAP
cage free scrambled eggs, sausage, cheddar, pico de gallo, bell peppers, wheat wrap

$5.00 550 CALS

STEAK BREAKFAST BURRITO
chopped steak, cage free eggs, jack cheese, sauteed peppers & onions, seasoned potatoes, wheat tortilla, green salsa

$7.00 670 CALS

GOCHUCHIVE
cage free egg, turkey sausage, white cheddar, gochujang aioli, green onions, plain bagel

$5.50 690 CALS

PATATAS BRAVAS BOWL GF
seasoned potatoes, salsa brava, cage free fried egg, garlic aioli, chopped cilantro

$4.50 410 CALS

FEATURED

MEDI BREAKFAST BOWL V
breakfast potatoes, cage free over-easy egg, feta, grape tomatoes, sauteed spinach, herby dill aioli

$4.50 420 CALS

OFF TO THE RIGHT START

PUMPKIN OVERNIGHT OATS V
rolled oats, almond milk, pumpkin puree, pumpkin spice, maple syrup, candied walnuts

$4.00 500 CALS

LOADED BREAKFAST BOWL GF
seasoned potatoes, cage free egg, crispy bacon, pork sausage, sauteed peppers & onions, cheddar cheese, pico de gallo

$6.50 530 CALS

OPTIONS

BACON (2) GF DF
$1.75 130 CALS

SAUSAGE (2) GF DF
$1.75 201 CALS

GRIDDLED OR EGG WHITE V GF DF
$1.00 77-44 CALS