

BURGERS

THE 1/3 POUNDER

1/3 pound of juicy black angus beef

\$6.00 720 CALS | **CHEESE: \$6.75** 830 CALS

BACON + CHEESE: \$8.00 940 CALS

CHICKEN SANDWICH

classic chicken sandwich

\$6.00 600 CALS | **CHEESE: \$6.75** 700 CALS

BACON + CHEESE: \$8.00 810 CALS

TURKEY BURGER

1/3 pound of juicy turkey patty

\$5.75 490 CALS | **CHEESE: \$6.50** 620 CALS

BACON + CHEESE: \$7.75 720 CALS

IMPOSSIBLE BURGER VC

1/3 pound of juicy plant based meat

\$7.50 450 CALS

INGREDIENTS

choice of griddled onion, tomato, lettuce on a toasted bun with choice of secret sauce, onion aioli or chipotle aioli

CHIPOTLE CHICKEN WRAP

crispy chicken, cheddar, pico de gallo, lettuce, chipotle avocado dressing, honey wheat wrap

\$7.25 800 CALS

BUFFALO CHICKEN WRAP

crispy chicken, chopped romaine, cucumber, tomato, cheddar, buttermilk ranch, buffalo sauce, wheat tortilla

\$7.25 970 CALS

PHILLY

griddled chopped chicken or steak, bell peppers & onions topped with provolone & pepper jack cheese on a french roll

\$6.95 620 CALS

FAJITA QUESADILLA VC

adobo seasoned chihuahua, pepper jack & cheddar cheese on a flour tortilla with pico de gallo, sour cream, onions & green peppers

\$7.00 870 CALS | **+\$3.00** CHICKEN / STEAK

FEATURED

FFT PATTY MELT

beef patty, swiss cheese, caramelized onions, FFT secret sauce, marble rye

\$8.00 810 CALS



OFF TO THE RIGHT START

CUBAN MOJO PORK BOWL GF

plantains, black beans, mojo shredded pork, pineapple salsa, tomato, pickled red onion, mojo sauce

\$7.50 520 CALS

SESAME GARLIC BIBIMBAP VC GF

carrots, kimchi, scallions, quinoa, and sesame ginger vinaigrette topped with a fried egg

\$6.50 380 CALS

OPTIONS

FRENCH FRIES VC GF DF

\$2.25 220 CALS

SWEET POTATO FRIES VC GF DF

\$2.50 280 CALS

ADD BACON (2) GF DF

\$1.75 130 CALS