

# OMELETS

## DENVER <sup>GF</sup>

two cage free eggs with ham, peppers, onions, cheddar cheese

**\$5.00**

## LEMONY GREENS <sup>V GF DF</sup>

cage free egg omelet with kale, avocado, crushed red pepper, lemon vinaigrette

**\$5.00**

## PICADO <sup>GF</sup>

two cage free eggs with pico de gallo, jack cheese, avocado & bacon

**\$5.00**

## BUILD YOUR OWN

two cage free eggs & choice of vegetable, meat, or cheese

**\$5.00**

## INGREDIENTS

### CHEESE:

cheddar, pepper jack, american, provolone, swiss

### PROTEIN:

bacon, ham, sausage

### VEGETABLES:

peppers, onions, mushrooms, broccoli, tomato, spinach

## STEAK BREAKFAST BURRITO

chopped steak, cage free eggs, jack cheese, sauteed peppers & onions, seasoned potatoes, wheat tortilla, green salsa

**\$7.00 | 670 CALS**

## PATATAS BRAVAS BOWL <sup>GF</sup>

seasoned potatoes, salsa brava, cage free fried egg, garlic aioli, chopped cilantro

**\$4.00 | 410 CALS**

## BRUSCHETTA AVOCADO <sup>VG</sup>

garlic & balsamic bruschetta, sliced avocado, toast 9 grain bread

**\$4.00 | 350 CALS**

## FEATURED

## HONEY BREAKFAST SANDWICH

cage free scrambled eggs with chives, pork sausage patty, american cheese, hot honey, english muffin

**\$4.00 | 350 CALS**



**OFF TO THE  
RIGHT START**

## MAKE IT GRAIN <sup>V GF</sup>

baby spinach, bacon, cage free egg, toasted pumpkin seeds, blueberries, avocado, quinoa, apple cider vinaigrette

**\$5.50 | 390 CALS**

### POPULAR

## ALL AMERICAN SANDWICH

cage free scrambled eggs, smoked bacon, american cheese, biscuit

**\$4.50 | 510 CALS**

## SAUSAGE TECATE WRAP

cage free scrambled eggs, sausage, cheddar cheese, pico de gallo, bell peppers, wheat wrap

**\$5.00 | 550 CALS**

### SIDES

## BACON (2) <sup>GF DF</sup>

**\$1.75**

## SAUSAGE (2) <sup>GF DF</sup>

**\$1.75**

## GRIDDLED OR EGG WHITE <sup>V GF DF</sup>

**\$1.00**