

SOUTHWEST ^{V GF}

mixed greens, cherry tomatoes, roasted corn, black beans, avocado, red onion, julienned peppers, queso fresco, tortilla strips, southwest ranch dressing

\$7.50 680 CALS

TZATZIKI AVOCADO ^V

mixed greens, kales, avocado, feta cheese, grape tomatoes, cucumbers, crispy pitas, creamy tzatziki dressing

\$8.00 570 CALS

COBB ^{GF}

romaine, bacon, egg, blue cheese, tomato, cucumber, avocado, red wine vinaigrette

\$8.00 770 CALS

TURKEY JACK

roasted turkey, pepper jack cheese, leaf lettuce, pico de gallo, chipotle aioli, wheat tortilla

\$6.75 700 CALS

KALE CAESAR FLATBREAD

roasted chicken, chopped kale, parmesan cheese, caesar dressing, flatbread

\$6.50 580 CALS

SHRIMP BLT

seasoned shrimp, bacon, shredded lettuce, tomato, garlic aioli, avocado, french roll

\$6.75 570 CALS

FEATURED

PESTO CHICKEN

roasted chicken, nut free pesto, spinach, tomatoes, provolone cheese, wheat tortilla

\$6.50 840 CALS



OFF TO THE RIGHT START

MAPLE CHICKEN PANINI

maple & chili glazed chicken, corn & bacon relish, avocado, pesto yogurt sauce, ciabatta bread

\$7.00 430 CALS

OPTIONS

ADD MEAT ^{GF DF}

\$2.00

ADD CHICKEN ^{GF DF}

\$2.00

ADD BACON (2) ^{GF DF}

\$1.75 130 CALS

ADD AVOCADO ^{VG GF DF}

\$1.00 60 CALS

ADD CHEESE ^{V GF}

\$1.00 110 CALS

BREAD SUBSTITUTE

for any sandwich, bread can be substituted with gluten-free bread.

V-VEGETARIAN

VG-VEGAN

GF-GLUTEN FREE

DF-DAIRY FREE

CN-CONTAINS NUTS



THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.



FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.