

# OMELETS

## DENVER GF

two cage free eggs with ham, peppers, onions, cheddar cheese

**\$5.00** 480 CALS

## PICADO GF

two cage free eggs with pico de gallo, jack cheese, avocado & bacon

**\$5.00** 510 CALS

## BUILD YOUR OWN

two cage free eggs & choice of vegetable, meat, or cheese

**\$5.00** VEGETABLE | **\$5.00** MEAT

# INGREDIENTS

### CHEESE:

cheddar, pepper jack, american

### PROTEIN:

bacon, ham, sausage, chorizo

### VEGETABLES:

peppers, onions, mushrooms, broccoli, tomato, spinach, jalapenos

## ALL AMERICAN SANDWICH

cage free scrambled eggs, smoked bacon, american cheese, biscuit

**\$4.50** 510 CALS

## SAUSAGE TECATE WRAP

cage free scrambled eggs, sausage, cheddar, pico de gallo, bell peppers, wheat wrap

**\$5.00** 550 CALS

## STEAK BREAKFAST BURRITO

chopped steak, cage free eggs, jack cheese, sauteed peppers & onions, seasoned potatoes, wheat tortilla, green salsa

**\$7.00** 670 CALS

## GOCHUCHIVE

cage free egg, turkey sausage, white cheddar, gochujang aioli, green onions, plain bagel

**\$5.50** 690 CALS

## PATATAS BRAVAS BOWL GF

seasoned potatoes, salsa brava, cage free fried egg, garlic aioli, chopped cilantro

**\$4.50** 410 CALS

# FEATURED

## RISE & SWINE

cage free egg whites, smoked bacon, avocado, griddled tomatoes, english muffin

**\$4.25** 330 CALS



## OFF TO THE RIGHT START

## MAPLE BACON EGG STACK GF

maple bacon, fried egg, tomato jam, arugula, swiss cheese, lemon chili aioli

**\$3.75** 440 CALS

## LOADED BREAKFAST BOWL GF

seasoned potatoes, cage free egg, crispy bacon, pork sausage, sauteed peppers & onions, cheddar cheese, pico de gallo

**\$6.50** 530 CALS

| OPTIONS | BACON (2) <span>GF DF</span> | SAUSAGE (2) <span>GF DF</span> | GRIDDLED OR EGG WHITE <span>V GF DF</span> |
|---------|------------------------------|--------------------------------|--------------------------------------------|
|         | <b>\$1.75</b> 130 CALS       | <b>\$1.75</b> 201 CALS         | <b>\$1.00</b> 77-44 CALS                   |